



connecting
pregnancy

Connecting Session 5

Variations on Labour and Birth

Today's discussion

Informed Decision Making

More on Pain Management – Medications

Monitoring your Baby during Labour

Caesarean Birth, Vacuum and Forceps

Induction & Augmentation of Labour

Baby's Best Chance

Caesarean Birth pp78-79

Pain medications pp76-78

Induction, Forceps, Vacuum p75

Homework: Discuss birth plan with partner, complete Labour and Birth Guide. Bring back at next session if you want it on your hospital chart.

Notes: