

Connecting Pregnancy Program

Program Evaluation - Part 2

We would love to hear from you!

What month and year were you due? _____

Our program is lead by you and the discussions that arise however we'd like to know how comfortable you were with the coverage of the topics introduced.

Please rate each of the topics and whether you felt they were adequately covered.

Topic	Well covered	Covered	Needed more
Nutrition			
Exercise			
Discomforts of pregnancy			
Labour and birth			
Comfort and relaxation in labour			
Medications and procedures			
Caring for yourself after baby is born			
Infant Feeding			
Baby Care			

Are you planning to keep in touch with any group members? ___yes ___no

We wanted to give you time to get to know other women. Did this happen for you?

Please Comment:

We did most of your medical care within the group.

	yes	Somewhat / maybe	no
Were you comfortable doing this in the group setting?			
Would you rather have done this in an exam room?			
Did you feel satisfied that your medical care was adequate?			
Was it OK with you to have men in the room during your exams?			

see over....

What I liked best about the Connecting Pregnancy program was:

What I would like to see changed in Connecting Pregnancy is:

Thank you very much for taking the time to give us your feedback we are always working to improve our program! If you would like to add more information or have further comment you can always contact us at:

email: info@birthdocs.ca

Fax: 604.875.3950

Phone: 604.875.3436

Parent's Guide to Childhood Immunization Information

The following websites provide **accurate and up-to-date** information on immunizations and vaccine safety. If you have questions about vaccines, talk to your Family Doctor or call the On-Call Community Health Nurse at 604-983-6700.

Canadian Coalition for Immunization Awareness & Promotion
www.immunize.cpha.ca

Canadian Paediatric Society: Vaccination Fact Sheet www.caringforkids.cps.ca/immunization/VaccinationChild.htm

Public Health Agency of Canada: Immunization Facts, Questions & Answers www.phac-aspc.gc.ca/im/index.html

British Columbia Centre for Disease Control (BCCDC):
Immunization Facts and Questions www.bccdc.org/content.php?item=19

Allied Vaccine Group: scientific information about vaccines
<http://vaccine.org>

Centre for Disease Control: 10 Things You Need to Know
about Immunizations <http://www.cdc.gov/nip/publications/fs/gen/shouldknow.htm>

Immunization Action Coalition USA: (including non English materials) www.immunize.org

US National Institutes of Health, National Institutes of Allergy and Infectious Disease: Understanding Vaccines www.niaid.nih.gov/publications/vaccine/undvacc.htm

Books:

Your Child's Best Shot A Parent's Guide to Vaccination, 2002, 2nd Edition Gold R., Canadian Paediatric Society \$19.95 can be ordered by phone: 613 526-9397 or online www.cps.ca

Ten Great Public Health Achievements of the 20th Century

1. Vaccination

2. Motor-vehicle safety

3. Safer workplaces

4. Control of infectious diseases

5. Decline in deaths from coronary heart disease and stroke

6. Safer and healthier foods

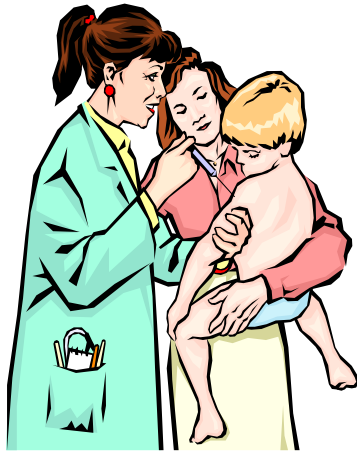
7. Healthier mothers and babies

8. Family planning

9. Fluoridation of drinking water

10. Recognition of tobacco use as a health hazard

Source: www.cdc.gov/od/oc/media/tengpha.htm



Give Your Child a Healthy Start

For more copies, go online at <http://vch.eduhealth.ca> or email pthem@vch.ca and quote Catalogue No. **FG.150.5 P215**

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The information in this document is intended solely for the person to whom it was given by the health care team.

www.vch.ca