

Test your Child Safety IQ

Which of the following plants is
poisonous?

- a) boston fern
- b) spider plant
- c) dieffenbachia

In Canada, which of the following causes
the most hospitalizations of children
under five years of age?

- a) falls
- b) poisonings
- c) burns

Which of these is responsible for the
most poisoning deaths among young
children?

- a) medication
- b) cleaners
- c) plants

Answers: 1, c, 2, a, 3, a

For all your childproofing
needs and expert advice,
visit the *Safety Station*,
a program of *Safe Start*.

www.bcchildrens.ca/safetystation



is the injury prevention program
of BC Children's Hospital

604-875-3273

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Home Safety Checklist

*Did you
know?*

*...that most injuries
to children under 5
happen in the home?*



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The injury prevention program
of BC Children's Hospital



Kitchen

- Chairs and step-stools are well away from the counters, sink, microwave and stove.
- Knives, scissors and other sharp utensils are in a locked drawer.
- The stove's back burners are used when cooking and hot food and drinks are kept away from edges of tables and counters.
- Appliance cords are out of reach.
- Plastic bags and food items small enough to cause choking are kept away from babies and toddlers.
- Household cleaners, medications, vitamins and other poisons are locked up.
- A fire extinguisher is conveniently located.



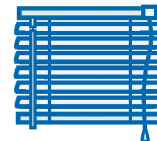
Bathroom

- Medicines, cosmetics and cleaners are stored in a locked medicine cabinet or well out of a child's reach.
- Electrical outlets are grounded and have full panel protective plug covers.
- Hair dryers, curling irons and other electrical appliances are unplugged and out of a child's reach.
- Non-slip mat or decals are placed in tub.
- A bath ring or bath seat is not used.
- The hot water tank is turned down to 49°C or 120°F



Child's Room

- The crib is in good condition, made after 1986 and has been checked for recalls.
- Beds and cribs are placed well away from the window.
- Mattresses fit snugly without gaps to prevent a small head from getting caught.
- Dresser is anchored securely.
- Diaper changing products (pins, powders, wipes, oil, etc.) are stored away from babies or small children.
- Blind and drapery cords are tied up high.
- The toy chest has ventilation holes and a lid that can be opened from the inside.
- Night lights are not toy-like and are placed in high sockets and away from bedding, draperies or hanging materials.
- No bumper pads, pillows, quilts, duvets or toys in your child's crib.



Living Room

- TV sets and other heavy furniture are anchored securely.
- Sharp corners and edges on tables have been covered with soft cushioning.
- Fireplaces and wood stoves have fixed safety guards around them.
- Matches and fire starters are out of reach of children.

- Windows and sliding doors are locked in at 4" or less.
- Poisonous houseplants have been removed.
- Blind and drapery cords are tied up high.
- Furniture (side tables, couches) are well away from windows.
- Non-slip mats are placed under area carpets.



Around the Home

- Smoke alarms are installed in bedrooms and hallways on each level and batteries are checked regularly.
- Electrical cords are secured out of reach.
- Child's surroundings have been cleared of small objects that could cause choking.
- Top of stairs are protected with a gate that hardware-mounts to the wall.
- Door knob covers are placed on doorknobs to deter a child from opening doors to unsafe areas.
- Your child knows how to call for help in an emergency
- Your child knows his or her full name, address and telephone number, as well as your name.
- Ponds and swimming pools are completely surrounded by fences and a locking safety gate (between the house and pool).

